Panhellenic Council Primary Recruitment

Find Your

Letters

Fall 2019

The University of Iowa
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Welcome to The University of Iowa and Go Hawks!

I am so excited to introduce you to your collegiate and Panhellenic experience here in the Hawkeye nation. I am beyond honored that you are considering joining one of the largest student organizations on campus. These organizations comprise of 15% of the student body and over 3,400 members. Your decision to join a Panhellenic sorority is one that commits you to collegiate years focused on service, academics, connections, leadership, personal development, and a continued goal of improving our campus and community. College lasts for four years, but the memories that you will make, and the bonds of sisterhood that you will gain, are going to last for a lifetime.

Over the course of the next week, you may see yourself in one chapter or another, you may think you already know where you want to run home to on Bid Day, and you might be completely clueless on which chapter you see yourself fit. That being said, I encourage you to keep your mind open to the opportunities each chapter will offer you. You are not just joining a single organization, but a whole community of Panhellenic individuals. Each and every one of us are excited to get to know you and welcome you with open arms. Remember that although each sorority is unique, we all come together to support each other to maintain our Panhellenic Community.
Here in Iowa City, you will have so many opportunities to belong, serve, lead, thrive and succeed. Each one our organizations adds value and meaning to the Fraternity and Sorority Life experience here at the University of Iowa. In addition to the Panhellenic Council, we have three other Fraternity and Sorority Life Councils: Interfraternity Council (IFC), National Pan-Hellenic Council (NPHC), and the Multicultural Greek Council (MGC). I personally believe that Fraternity and Sorority Life is simply a stepping stone to facilitate your personal development and involvement in organizations across campus; my hope is to support other communities on campus in addition to our own new members.

Remember to enjoy this next week; take a breath every once in a while, be authentic and real, seek out a chapter that will encourage your growth and align with your values. The Panhellenic Executive Council will be stationed at the Iowa Memorial Union and available 24/7; come see us if you have any questions or if you just want to talk about how your days are going. I am here to serve you and make sure that you have the best recruitment experience possible!

I am so blessed to add to our Panhellenic community and ready for you to begin this experience. Choose to surround yourself with individuals who challenge you, inspire you to be your best self, and commit to being that woman for your sisters and this community.

Lastly, HAVE FUN!

Best,

Sydney Papadopoulos

Sydney Papadopoulos

Vice President for Recruitment
What I Wish I Had Known

1. Not everyone has a perfectly full schedule.

2. “I would tell myself to enjoy the process and know that everything will work out in your favor even if you don’t join the chapter of your dreams.” — *Abby Ling*

3. Each day is a new day. The chapter you loved one day might not be your favorite the next. Just because you didn’t enjoy a chapter at the beginning of the week doesn’t mean you should rule them out completely. There is a reason they still want you to attend events! You are going to chapters who want you there.

4. “I wish someone would have told me that I could talk to any Rho Gamma at any time. Also, just because you have one awkward conversation at a house doesn’t mean you should count them out entirely. Nerves affect people on both sides and one person doesn’t mean you can’t find a connection in that chapter.” — *Felicia Circelli*

5. The chapter individuals are just as nervous talking to you as you are about talking to them. Don’t prepare your answers. You’ll rush your responses and will have less to say. Thinking on the fly allows for more genuine conversations.

6. “I wish someone would have told me that there are times you feel a little lonely or out of place, but it is okay because it will get better and everyone has the same exact feeling as you” — *Elah Shulruff*

7. Wear comfortable shoes, bring a hair tie, and know you will sweat a little, but remember that everyone is in the same boat.

8. “Stereotypes aren’t true but also each house has a different environment and that is not a bad thing at all.” — *Ellie Rouse*

9. Look for the individuals who share similar values as you, not the individuals you want to be like. Stay true to yourself. The harder you try to be like the individuals in the chapter event you are attending, the harder it will be for you to find your best fit.

10. Throughout the whole process, remember this is YOUR recruitment and YOUR decision — not mom’s, sister’s, aunt’s, roommate’s, or anyone else’s choice.

11. “Joining a sorority on day one doesn’t mean you get 150 new best friends, it takes time to meet all these new individuals, just like any other friends you have.” — *Meghan Bullard*
Break Down of Registration Fee per Potential New Member

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Round 1 T-Shirt</td>
<td>$5.95</td>
</tr>
<tr>
<td>Round 2 T-Shirt</td>
<td>$8.45</td>
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<tr>
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<td>$20</td>
</tr>
<tr>
<td>Water Bottle</td>
<td>$4.39</td>
</tr>
<tr>
<td>PNM Booklet</td>
<td>$6.00</td>
</tr>
<tr>
<td>iValu! Packet</td>
<td>$12.00</td>
</tr>
<tr>
<td>Name Tag/Lanyard</td>
<td>$2.00</td>
</tr>
<tr>
<td>Dining Hall Passes</td>
<td>$39.21</td>
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<tr>
<td>Facility Fees</td>
<td>$7.00</td>
</tr>
<tr>
<td>Activity Rooms</td>
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</tr>
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</table>
Our Community

15% of the Student Body is involved in Fraternity & Sorority Life at Iowa.

Average Panhellenic GPA: 3.223

Average Service Hours per Panhellenic Member: 6.01

Spring 2019 Philanthropy Donations Raised by Panhellenic: $51,865

Spring 2019 Money Raised for Dance Marathon by Panhellenic: $445,156

Total Individuals in Panhellenic: 2,012

Average Total of Members Red Watch Band trained in each chapter: 17.60%
Hello Potential New Members,

Being a sorority woman goes beyond just friendship and sisterhood. It is a dedication to be there for your sisters and for the community. Making a change if something is not right, and standing together when times get hard. Showing support to other chapters and other organizations. But most importantly it is a lifelong commitment and a promise. It’s not just four years, it’s for life.

As sorority individuals we uphold and maintain many values. We emphasize the importance of scholarship, service, leadership, and community. We hold our chapters and individual members to a high standard, and extend a helping hand if someone struggles.

The Panhellenic Council is nothing if not a vibrant community of dedicated individuals who extend the bonds of philanthropy and service not only within our own community, but also into the broader community that surrounds our university life. We promote the high ideals of friendship and sisterhood both in word and by action with our inclusive philanthropic events and our service projects among those groups in our community that need it the most. Being a Panhellenic woman means upholding our values by supporting all those around us.

Best,

President, Elah Shulruff

VP for Philanthropy & Community Service, Ellie Rouse

In no aspect of its programs shall there be any difference in the treatment of persons on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification which would deprive the person of consideration as an individual. The organization will guarantee that equal opportunity and equal access to membership, programming, facilities, and benefits shall be open to all persons. Individuals with accommodations or disabilities are encouraged to attend all Panhellenic sponsored events.

If you are a person in need of accommodations in order to participate in Primary Recruitment, please e-mail Sydney Papadopoulos at gc-phc-recruitment@uiowa.edu or call at (563)-275-6277.
### Panhellenic Scorecard

<table>
<thead>
<tr>
<th>Sorority</th>
<th>Total Members</th>
<th>New Members</th>
<th>Hispanic/Latino(a)</th>
<th>Asian</th>
<th>African American or Black</th>
<th>Native Hawaiian or Other Pacific Islander</th>
<th>Alaska Native or American Indian</th>
<th>White, not of Hispanic or Latino(a) Origin</th>
<th>Multi-Racial</th>
<th>Race and Ethnicity Unknown</th>
<th>Hazing Investigations</th>
<th>Fraternity Average Alcohol Arrests</th>
<th>Alcohol-Free Events</th>
<th>Grade Point Average</th>
<th>New Members Grade Point Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alpha Chi Omega</td>
<td>138</td>
<td>6</td>
<td>9%</td>
<td>3%</td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
<td>81%</td>
<td>5%</td>
<td>1%</td>
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<td>1</td>
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<td>0</td>
<td>8%</td>
<td>4%</td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
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<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>93%</td>
<td>4%</td>
<td>0%</td>
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<td>0</td>
<td>Complete</td>
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<td>&lt;5 members</td>
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<td>2%</td>
<td>1%</td>
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<td>0%</td>
<td>83%</td>
<td>4%</td>
<td>2%</td>
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<td>&lt;5 members</td>
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<td>0%</td>
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<td>0%</td>
<td>0%</td>
<td>89%</td>
<td>5%</td>
<td>1%</td>
<td>No</td>
<td>4</td>
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<td>0%</td>
<td>92%</td>
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<td>0%</td>
<td>84%</td>
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<td>1%</td>
<td>0%</td>
<td>84%</td>
<td>3%</td>
<td>1%</td>
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<td>0%</td>
<td>0%</td>
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<td>8%</td>
<td>1%</td>
<td>0%</td>
<td>1%</td>
<td>0%</td>
<td>84%</td>
<td>6%</td>
<td>0%</td>
<td>No</td>
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<td>Complete</td>
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<td>&lt;5 members</td>
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<tr>
<td>Kappa Alpha Theta</td>
<td>175</td>
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<td>4%</td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
<td>1%</td>
<td>90%</td>
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<td>2%</td>
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<tr>
<td>Kappa Kappa Gamma</td>
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<td>5%</td>
<td>1%</td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
<td>89%</td>
<td>2%</td>
<td>3%</td>
<td>No</td>
<td>2</td>
<td>Complete</td>
<td>3.206</td>
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<tr>
<td>Pi Beta Phi</td>
<td>132</td>
<td>11</td>
<td>6%</td>
<td>1%</td>
<td>1%</td>
<td>0%</td>
<td>0%</td>
<td>85%</td>
<td>0%</td>
<td>2%</td>
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<td>Zeta Tau Alpha</td>
<td>155</td>
<td>11</td>
<td>7%</td>
<td>3%</td>
<td>0%</td>
<td>0%</td>
<td>0%</td>
<td>84%</td>
<td>5%</td>
<td>2%</td>
<td>No</td>
<td>3</td>
<td>Complete</td>
<td>3.378</td>
<td>3.12</td>
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</table>

1. Total members reported to Center for Student Involvement & Leadership.
2. For University demographic information, visit: admissions.uiowa.edu/future-students/university-iowa-student-profile
3. University, National Greek Organization, and/or legal pending investigations regarding hazing within the chapter
4. Each social fraternity or sorority is responsible for maintaining a arrest and citation rate of 3% or 5 members for IFC fraternities, 5% or 5 members for PHC sororities, NPHC and MCC organizations.
<table>
<thead>
<tr>
<th>Service Hours Total</th>
<th>Average Service Hours Per Member</th>
<th>Total Chapter Donation for Philanthropy</th>
<th>Total Chapter Dance Marathon Money Raised</th>
<th>Average Money Raised Per Member</th>
<th>Percentage of Chapter that Attended Educational Programs</th>
<th>Complete/Incomplete Bystander Intervention Training</th>
<th>Iowa State FSL Awards</th>
<th>Red Watch Band Trained</th>
<th>Red Watch Band Trained</th>
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<tr>
<td>1068.86</td>
<td>7.745</td>
<td>$340</td>
<td>$46,860.93</td>
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<td>1</td>
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<td>524</td>
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<td>729</td>
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<tr>
<td>999</td>
<td>6.445</td>
<td>$6,513</td>
<td>$20,284.71</td>
<td>$172.89</td>
<td>75%</td>
<td>Complete</td>
<td>1</td>
<td>3</td>
<td>23</td>
</tr>
</tbody>
</table>

For more information on individual chapter’s accountability actions, visit fsl.uiowa.edu/community/harm-reduction/.
Panhellenic Executive Council

Elah Shulruff
President

Sydney Papadopoulos
VP for Recruitment

Ashlyn Shumaker
VP for Finance & Operations

Lauren Dexter
VP for Risk Reduction & Management

Anna Turnquist
VP for Leadership & Education

Felicia Circelli
VP for Public Relations & Marketing

Ellie Rouse
VP for Philanthropy & Service

Claire White
VP for Academic Achievement

Karina Diekema
VP for Standards & Accountability

Abby Ling
Assistant VP for Recruitment

Go Hawks
Meet the Multicultural Greek Council (MGC)

The Multicultural Greek Council is comprised of nine different Greek organization, specifically five sororities, three fraternities, and one interest group with affiliations to Latinx-interest, Asian-interest, gender and sexuality spectrum identities, religion, and overall multiculturalism. The organizations are not exclusive, meaning that individuals who do not identify with that organization’s identity are still eligible to join based on the individual organization’s standards. The Multicultural Greek Council works closely with the cultural houses on the west side of campus.

For more information contact: Tram-Anh Doan at gc-mgc-membership@uiowa.edu

Meet the National Pan-Hellenic Council (NPHC)

Iowa is proud to host six of the “Divine Nine” historically African-American Fraternities and sororities on campus.

Each chapter will individually announce its membership section/intake process in September.

NPHC sororities and fraternities present information about individual chapters for prospective members in their own recruitment format. NPHC organizations typically do not accept a student for membership until the student has completed at least 12-24 hours of college credit with a minimum grade point average.
Recruitment Schedule

Thursday, September 26th
PNM Orientation

5:30PM-7:30PM PNM Orientation One (Main Lounge, IMU)
7:30PM-9:30PM PNM Orientation Two (Main Lounge, IMU)

Friday, September 27th
Round One: Day 1
(7 events, 25 minutes, 20-minute passing)

4:30PM-5:15PM Rho Gamma and PNM Meeting
5:15PM Rho Gamma and PNM’s depart for chapter structures

Event 1: 6:00PM-6:25PM
Event 2: 6:45PM-7:10PM
Event 3: 7:30PM-7:55PM
Event 4: 8:15PM-8:40PM
Event 5: 9:00PM-9:25PM
Event 6: 9:45PM-10:10PM
Event 7: 10:30PM-10:55PM

What to wear:
6:45 AM PNM’s board buses or walk to IMU
7 AM-7:45 AM Rho Gamma and PNM Meeting
7:45 AM Rho Gamma and PNM’s depart for chapter structure

Event 1: 8:30 AM-8:55 AM
Event 2: 9:15 AM-9:40 AM
Event 3: 10:00 AM-10:25 AM
Event 4: 10:45 AM-11:10 AM
Event 5: 11:30 AM-11:55 AM
Event 6: 12:40 PM-1:10 PM
Event 7: 1:10 PM-1:35 PM
Event 8: 2:45 PM-3:10 PM
Event 9: 3:30 PM-3:55 PM
Event 10: 4:15 PM-4:40 PM
Event 11: 5:00 PM-5:25 PM
Event 12: 5:45 PM-6:10 PM

PNM Make Preference Selections (Black Box Theater-IMU)

Sunday, September 29th
Round Two
(15 events, 30 minutes, 20-minute passing)

What to wear:

6:45 AM PNM’s board buses or walk to IMU
7 AM-7:45 AM Rho Gamma and PNM Meeting
7:45 AM Rho Gamma and PNM’s depart for chapter structure

Event 1: 8:30 AM-9:00 AM
Event 2: 9:20 AM-9:50 AM
Event 3: 10:00 AM-10:25 AM
Event 4: 10:45 AM-11:10 AM
Event 5: 11:30 AM-11:55 AM
Event 6: 12:40 PM-1:10 PM
Event 7: 1:10 PM-1:35 PM
Event 8: 4:40 PM-5:10 PM
Event 9: 5:30 PM-6:00 PM
Event 10: 6:20 PM-6:50 PM
Event 11: 7:10 PM-7:40 PM
Event 12: 8:00 PM-8:30 PM
Event 13: 8:50 PM-9:20 PM
Event 14: 9:40 PM-10:10 PM
Event 15: 10:45 PM-11:10 PM

7 PM-11 PM PNM Make Preference Selection (Black Box Theater-IMU)
Recruitment Schedule

Friday, October 4th
Round Three: Day 1
(5 events, 45 minutes, 20-minute passing)

- 4:30PM-5:15PM Rho Gamma and PNM Meeting
- 5:15PM Rho Gamma and PNM’s depart for chapter structure
- Event 1: 6:00PM-6:45PM
- Event 2: 7:05PM-7:50PM
- Event 3: 8:10PM-8:55PM

Saturday, October 5th
Round Three: Day 2
(6 events, 45 minutes, 20-minute passing)

- 8:25AM PNM’s board buses or walk to IMU
- 8:45AM Rho Gamma and PNM’s depart for chapter structure
- Event 4: 9:15PM-10:00PM
- Event 5: 10:20PM-11:05PM
- Event 6: 9:30AM-10:15AM
- Event 7: 10:35AM-11:20AM
- Event 8: 11:40AM-12:25PM
- Event 9: 2:05PM- 2:50PM
- Event 10: 3:10PM-3:55PM
- Event 11: 4:15PM-5:00PM
- 5PM-9PM PNM Make Preference Selection (Black Box Theater- IMU)
Sunday, October 6th

Round Four
(5 events, 60 minutes, 20-minute passing)

9AM PNMs board buses or walk to IMU
10AM-11:15AM Rho Gamma and PNM Meeting
11:15AM Rho Gamma and PNM’s depart for chapter structure

Event 1: 12:00PM-1:00PM
Event 2: 1:20PM-2:20PM
Event 3: 2:40PM-3:40PM
Event 4: 4:00PM-5:00PM
Event 5: 5:20PM-6:20PM

3:30PM-7:30PM PNM Make Preference Selection (Black Box Theater- IMU)

Monday, October 7th

Bid Day

5:30PM-6:30PM Panhellenic Installation Ceremony
6:30PM PNM’s released to chapters at Hubbard Park
9:30PM Bid Day Activities conclude
10PM PNM’s must be back on campus
This year’s Bid Day will be held at **5:30PM on Monday, October 7th.** Bid Day activities will begin at the Iowa Memorial Union in the Main Lounge. Please wait to enter the Main Lounge until a staff member states we are ready for your arrival. We will begin with the official opening of the Bids Ceremony from advisors and the Recruitment Team. Then move into the best part of revealing chapter affiliations from the Panhellenic Council and Rho Gamma’s. Lastly, bid cards will be handed out, please do not open until the Recruitment Team has given everyone approval. After the opening of your Bid Cards you will be released to Hubbard Park to meet your new SISTERS!

Bid Day is the most exciting day of Recruitment! You will, however, be sitting in the Main Lounge to open your bids, you may get hot and it will be crowded. Just remember, it’s a once-in-a-lifetime experience that will start one of the most memorable adventures in your college experience.

Bid distribution is followed by events hosted at each individual’s sorority house for their new members, called Bid Day. Chapters are able to host Bid Day at other locations, if it has been approved by the VP of Recruitment.

Please note that many groups will be leaving almost immediately from Hubbard Park to get on buses to go to out-houses. Keep your ears open so you are able to make sure you get on the correct bus.

Please take a bus or walk to the Iowa Memorial Union. If you must drive, just know, parking will be limited.

Lastly, alcohol or drugs should not be present at Bid Day. If a situation arises please contact Sydney Papadopoulos at gc-phc-recruitment@uiowa.edu or Karina Diekema at gc-phc-chiefjustice@uiowa.edu.
Tips

This is a very exciting and long day. Make sure to get a good night’s sleep! Make sure you drink tons of water and stay hydrated. Don’t worry, many chapters will serve snacks and drinks immediately after you arrive to the house.

Remember

Jeans and a comfortable shirt so you are able to change into your new chapter’s letters upon arrival to your destination.

What to Wear

Bid Day is crazy, hectic, and can get hot in the IMU! Make sure you drink tons of water and stay hydrated. Don’t worry, many chapters will serve snacks and drinks immediately after you arrive to the house.

If you have a class during the time of Bid Day you should not skip class because Panhellenic individuals value academics and you are a student first. It is an expectation that you attend all your classes due to the betterment of our community. If you are unable to make it to Bid Day you will have many other chances to connect with your new sisters for the entirety of the semester.
Each sorority has different dues & charges that are outlined in the finance form on each “Chapter Spotlight” page. It is important that you fully understand the financial obligations that coincide with membership. Financial requirements may include, but aren’t limited to, membership dues, a meal plan, house fees, as well as room and board if you live in the sorority house.

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Member Fee</td>
<td>This fee typically includes a pledging fee, initiation fee, and badge fee.</td>
</tr>
<tr>
<td>Live-Out Initiated Member Cost</td>
<td>This is the cost when you are initiated into your chapter and live-out of your chapter structure.</td>
</tr>
<tr>
<td>Live-In Initiated Member Cost</td>
<td>This is the cost when you are initiated into your chapter and live-in your chapter structure.</td>
</tr>
<tr>
<td>Dues</td>
<td>Chapter operations, events, programming and support for the national organization.</td>
</tr>
<tr>
<td>Board</td>
<td>Food</td>
</tr>
<tr>
<td>Fund</td>
<td>Maintenance and restoration of the chapter structure</td>
</tr>
<tr>
<td>Parlor</td>
<td>Chapter structure improvements.</td>
</tr>
</tbody>
</table>

Items that are typically not included are apparel, other chapters’ philanthropy events, and participating in extra sisterhood or social events. These are all optional purchases for you to enjoy during your college experience.
Understanding the Academic Obligation

To help you understand how GPA will affect your recruitment, we have broken it down into three “GPA Zones”. If your GPA lands in a zone that you feel will limit your recruitment options, don’t worry! Many people spend Freshman year raising their GPA, and go through Primary Recruitment as an upperclassman.

Green Zone:
- a 3.00 and above cumulative high school or college GPA.
- Your options are not likely to be limited based on your GPA.

Yellow Zone:
- a 2.70 - 2.99 cumulative high school or college GPA.
- Your options are more likely to be limited by your GPA.

Red Zone:
- a 2.70 and below cumulative high school or college GPA.
- Your options are very likely to be limited based on your GPA.

The University of Iowa’s Fraternity and Sorority Life community provides an opportunity for new students to become involved in organizations that promote campus involvement and personal growth. The University of Iowa’s commitment to Fraternity and Sorority Life parallels the Panhellenic Council’s commitment to academics. By being involved in Fraternity and Sorority Life you will obtain a large network with alumni to gain connections for your academic studies and future endeavors.

For a breakdown of each individual’s chapter GPA requirement, please look at their individual “Chapter Spotlight” pages.
Recruitment Rules & Policies

- Alcohol is not permitted at any time during Primary Recruitment. This includes all activities involving New Members from September 25th at noon until October 9th at noon. Any woman found breaking this rule will have serious repercussions including potential removal from the process.

- Sorority members may not promise or hint that a bid or invitation will be extended to the PNM, and they may not suggest that they will see the Potential New Member during the next rounds.

- Sorority members may not hold any events with PNMs present outside of the hours established for Primary Recruitment, beginning with the first day students move in and ending with Bid Day. If any active member or Potential New Member is found breaking this rule, there will be serious repercussion.

- All communication between sorority individuals and Potential New Members outside of the hours established for Primary Recruitment is to be kept to a minimum. This period is called the limited contact period. There will be no purposeful seeking out contact with Potential New Members by sorority individuals during the time of Primary Recruitment. If an active member reaches out to a Potential New Member please report this to your Rho Gamma or a member of the Panhellenic Council.

- Strict Silence is the period beginning with the Last Preference event and ending once PNMs receive Bid Day cards. There will be no conversation between Potential New Members and any sorority members during Strict Silence. After Preference Round, please keep contact to a minimum with your Rho Gamma because ultimately the decision is in your hands. If you need to discuss your thinking/decisions with someone, please call the Recruitment Hotline. The Recruitment Hotline number is located on the front page of the booklet.

- No favors, gifts, or letters shall be presented to the Potential New Member prior to their accepting invitations to memberships.

- Potential New Members found in violation of any of the recruitment rules and procedures will be subject to dismissal from the recruitment process by the VP for Standards and Accountability and VP for Recruitment.
Panhellenic Recruitment
Code of Ethics

As members of the University of Iowa Panhellenic Council, we the undersigned agree that our vision is a safe, positive, enriching recruitment experience with the goal of providing opportunities for the greatest possible number of individuals to obtain membership in women’s fraternity. In order to reach our common goal, we will strive to create a Panhellenic environment of trust, honesty, unity and cooperation among all chapters. Therefore, we solemnly promise to:

• Respect ourselves, our sisters, and the Fraternity and Sorority community as a whole. We will work with other sororities to improve the Fraternity and Sorority community.

• Enable every Potential New Member an equal opportunity and act accordingly with true Panhellenic spirit as well as our own chapter values and moral judgments.

• Promote the safety and protection of current and prospective members.

• Treat Potential New Members with the same respect before, during, and after Recruitment.

• Abide by all Panhellenic Codes, including but not limited to: The Panhellenic Creed, The Potential New Member Bill of Right, The Panhellenic Recruitment Rules, The National Panhellenic Conference Unanimous Agreements.

• Leave the Potential New Member with a positive idea of what sisterhood could be.

• Encourage the Potential New Member to explore the freedom of thought in her decision.

• Assure the Potential New Member about the recruitment process, membership requirements and external/internal responsibilities.

• Enable every Potential New Member an equal opportunity to a level playing field.

• Strive to maintain a campus scholastic average that is above the all-women’s average.

The Iowa Panhellenic Council desires to build a community that reflects diversity and inclusion within our sorority chapters. We strive to make our campus stronger through our commitment to promoting diversity and creating positive change within the community. Individuals of all backgrounds make up the Iowa Panhellenic Council and each individual is celebrated for her perspectives, ideas, and contributions to her organization and our entire community.
Congratulations! We are so excited to introduce you to your collegiate and Panhellenic experience here in the Hawkeye Nation. We are beyond honored that you are considering to join one of the largest student organizations on campus. These organizations comprise of 17% of the student body and over 2,000 members. Your decision to join a Panhellenic sorority is one that commits you to collegiate years focused on service, academics, connections, leadership, personal development, and a continued goal of improving our campus and community. College lasts for four years, but the memories that you will make and the bonds of sisterhood you will share are going to last for a lifetime. As part of the requirements for participating in Fall Primary Recruitment 2019, you will be expected to comply with the following guidelines. If you fail to comply with the guidelines listed below you will meet with the VP for Recruitment, VP for Standards & Accountability, and Fraternity & Sorority Life Staff to discuss your future in our community.

1. You must wear your Name Tag during all Rounds of Recruitment. If you lose your Name Tag, you must pay $2 to replace it.

2. Respect all Active Sorority Members and respective chapters. Treat the Panhellenic Council, Fraternity & Sorority Life Staff, and Rho Gamma’s with respect.

3. Use manners when conversing with Active Sorority Members in respected chapters about values, morals, and standards.

4. You are expected to be on time to each round and to attend each event on your list. If you miss an event for an unapproved excuse you will meet with the VP for Recruitment, VP for Standards and Accountability, and Fraternity & Sorority Life Staff. ¹

5. Alcohol and drugs are not permitted at ANY time during Primary Recruitment. Any women found breaking this rule will have serious repercussions, not only within the Fraternity & Sorority Life Community but also with The University of Iowa.

6. If you need special accommodations, please contact the VP for Recruitment, Sydney Papadopoulos at gc-phc-recruitment@uiowa.edu.

7. Must refrain from attending Men’s Recruitment events, social events, etc., during the Primary Recruitment Process. If found at previously listed events a meeting will be scheduled to discuss repercussions.

8. A Potential New Member may be removed from the process at any time if the following rules listed above are not being followed.

9. As a Potential New Member I agree to complete the pre-joining education components for FSL; an online module and a in person meeting. If I do not complete this prior to Recruitment, I understand that I cannot participate. If you understand, please sign here:

I agree to the contract terms listed above.

Potential New Member Signature ____________________________________________ Date

VP for Recruitment (Sydney Papadopoulos) ________________________ Date

¹ If you have to miss an event due to a family emergency and serious illness, please contact VP for Recruitment (gc-phc-recruitment@uiowa.edu) and your Rho Gamma with proof of absence.
Potential New Member
Bill of Rights

The right to be treated as an individual.

The right to be fully informed about the Recruitment Process.

The right to ask questions and receive true and objective answers from a Rho Gamma, Panhellenic Council Member, and active collegiate members.

The right to be treated with respect.

The right to be treated as a capable and mature person without being patronized.

The right to have and express opinions to Rho Gammas and Recruitment Staff.

The right to inviolable confidentiality when sharing information with Rho Gammas.

The right to make informed choices without undue pressure from others.

The right to be fully informed about the binding agreements implicit in the preference card signing.

The right to make one’s own choice and decision and accept full responsibility for the result of that decision.

The right to have a positive, safe and enriching experience.
I am willing to accept an invitation to membership from any sorority or women’s fraternity that I list on this agreement. PNM should only list the chapters they are willing to join.

I may limit my choices to just one OR list any sorority or women’s fraternity whose preference-round (last) event I attended, and from which I am willing to accept membership. I realize that by not listing the maximum number of events I attended, I may be limiting my potential to join any other NPC group during Primary Recruitment should I not be placed with my choice(s).

A PNM can only rank chapters whose final (preference) events she attended (if she went to A and B, C isn’t an option.) She doesn’t have to rank all the chapters she attended, but we encourage her to maximize her options, because it gives her a better chance of being matched to a group.

Once I submit this agreement to the Panhellenic Association, I cannot change the order of my preferences or add or delete a preference.

Once the form is signed and submitted, the order of the chapter list and selection cannot be altered.

If I do not receive an invitation to membership from a group listed, I am eligible for continuous open bidding. If a PNM does not maximize her option and doesn’t receive a bid from a group listed on her MRABA, she can join any chapter through continuous open bidding (COB) or Informal Recruitment. This is only available to groups that have open spots in their chapter.

I have the option of not submitting an agreement at this time. A PNM does not have to submit an MRABA, which results in her being removed from the Recruitment Process.

Once I submit this agreement, I am bound by the National Panhellenic Conference one calendar year rule. This rule states that if through the Primary Membership Recruitment Process, I receive a bid and decline it, then I am ineligible to be pledged to another NPC fraternity on the same campus until the beginning of the next Primary Membership Recruitment Period.

If a PNM receives a bid from a chapter she lists and then later chooses not to be pledged or initiated, she cannot join another NPC group on that campus until the next Primary Membership Recruitment Period. If she is not initiated and transfers schools, she can participate in Recruitment at the first opportunity on the new campus.
Before Signing Your MRABA

Check YES or NO to the following statement on the left-hand side of statements listed below.

Yes  No

I would participate in this sorority’s philanthropy because it is interesting to me.

This sorority seems interested in having me as a member of their organization.

This sorority has members that I’ve connected well with during the Recruitment Process.

Being a member of this sorority will have a positive effect on my collegiate career.

I can be myself in this sorority.

The sorority cares about academics and scholarship.

This sorority is much more than stereotypical sorority you would see in movies.

This sorority and I have a lot in common pertaining to my values.

This sorority strives for individual growth and makes me want to reach my full potential.

I would happily accept a bid from this chapter, and could see myself in this chapter.
Alumna: 
an initiated sorority member who is no longer active in a collegiate chapter.

Active: 
a sorority member currently in college who has been formally initiated by her chapter.

Bid: 
a formal invitation to join a sorority or fraternity.

Campus Total: 
the allowable chapter size as determined by the College Panhellenic Council.

Chapter: 
each national sorority and fraternity has individual chapters of their organization at different colleges and universities. Also, some groups refer to their weekly meeting as “chapter.”

Continuous Open Bidding (COB/COR): 
the period in which a sorority not at Campus Total is able to recruit members after Formal Recruitment.

Formal Recruitment: 
a designated membership recruitment period during which a series of organized events are held for the purpose of selecting new members.

Initiation: 
formal admittance into the sorority/fraternity. The new members participate in a ceremony that marks formal admittance into the sorority/fraternity. The initiation ceremony is secret and rooted in history.

Interfraternity Council (IFC): 
a fraternity-only governing council for the traditionally housed fraternities on campus.

Legacy: 
a PNM whose mother, sister, grandmother, or aunt is an alumna of, or an active in a particular sorority.

Multicultural Greek Council (MGC): 
a council serving members of the multicultural fraternities and sororities, including Latino/a, Asian, and LGBTQ+ based chapters.

National Panhellenic Conference (NPC): 
Founded in 1902, NPC provides support and guidance for 26 member inter/national sororities/women’s fraternities and serves as the national voice on contemporary issues of sorority life. The NPC overlooks the Panhellenic Council.

National Pan-Hellenic Council (NPHC): 
a council composed of nine historically African American, but not exclusively, letter organizations.

New Member: 
refers to the individuals that have accepted a bid to a particular sorority chapter but are not yet initiated.
New Member Education:  
the time between pledging and initiation  
where the new member learns about the  
sorority before becoming a collegiate  
member. It is typically 8-10 weeks long.

Panhellenic Council (PHC):  
a sorority-only governing council for our  
traditionally housed sororities on campus.

Philanthropy:  
a national and/or local charity that a sorority  
sponsors, donating time and money through  
service in order to promote human welfare.

Potential New Member (PNM):  
any woman who is eligible to participate in  
formal or informal recruitment.

Quota:  
the number of individuals a sorority may  
pledge during formal or informal recruitment.

Letter of Recommendations/  
References:  
a written letter or statement from an alumna  
on the sorority’s official recommendation form  
introducing and recommending a PNM for  
pledging. Also called a “rec letter”.

Rho Gamma:  
a collegiate sorority member who  
dissociates from their individual chapter to  
help PNMs with an unbiased perspective  
through recruitment.
Frequently Asked Questions

The University of Iowa Panhellenic Council utilizes a Values Based Sorority Recruitment (VBSR) during Fall Primary Recruitment. This means that Potential New Members should choose and be placed in a chapter whose sorority values match with their own. Throughout recruitment, you will be aware of your most important values and what you look for in a sorority. Even though every sorority was founded on the same values, there are many aspects that make each sorority different from one another. Make sure to start meaningful conversations with sorority individuals to see if their values are important to you.

Do I need to go to all of the events listed on my Recruitment Schedule?

YES! The objective of Recruitment is for you, as a Potential New Member, to learn as much as you can about the University of Iowa Fraternity and Sorority Life community, as well as each of the chapters so that you can make the best possible decision regarding membership. If you intentionally miss an event to which you were invited to, you are not maximizing your options, and you could be released from the process.

Will all participants become new members of a Panhellenic sorority at the end of Recruitment?

Because Recruitment is a process of mutual selection, there are many different outcomes to this process. Participation in Primary Recruitment does NOT guarantee you an invitation to join a chapter, and it is possible to go through Recruitment and not join a sorority. With that being said, last year 82% of the individuals participating Primary Recruitment last year at the University of Iowa joined a sorority at the end of Recruitment.

If I participate in Primary Recruitment, am I obligated to join a Panhellenic Sorority?

Potential New Member who choose to participate in Recruitment are not obligated to join a sorority. The Recruitment process is structured to allow individuals interested in sorority membership the opportunity to explore Fraternity & Sorority Life and to see if it is the right fit for you.

Is hazing something to worry about?

Hazing is defined as any action taken or situation created, whether on or off fraternity/sorority property, to produce mental or physical discomfort, embarrassment, harassment, or ridicule. We have a zero-tolerance policy for hazing at the University of Iowa. No member is allowed to participate in any form of hazing. If you have any further concerns, do not hesitate to speak with your Rho Gamma or any of the Panhellenic Council officers.
What if I only want to be in a certain sorority?
Being close-minded and only wanting to be a member of one specific sorority or considering only a few sororities can really limit your options of sorority membership and lead you to disappointment. Please don’t choose a sorority based on stereotypes or others’ opinions. This is your experience. So, follow your heart, stay true to yourself, and you will end up in the place that is meant for you.

What if I am going to miss or be late for an event during Primary Recruitment?
The Panhellenic Council collects conflicts and is willing to work with your schedule. If something comes up please notify your Rho Gamma and the VP for Recruitment at gc-phc-recruitment@uiowa.edu.

What if I receive a bid and turn it down?
If you wish to join a sorority after Preference Night, you will fill out a Membership Recruitment Acceptance Binding Agreement (MRABA) before you make your chapter selections. When you sign your MRABA, you are bound to that sorority for one calendar year. This means if you receive a bid and do not accept it, you will not be allowed to join another sorority until next Primary Recruitment. Emotions can temporarily cloud judgment, so think wisely before turning down a bid card. If you decide to not join a sorority before you fill out the MRABA, you may participate in Continuous Open Bidding (COB/COR) or choose to go through informal recruitment in the spring.

Is it difficult to balance Sorority Life and Academics?
Time management is key. Many sorority individuals are able to manage sorority responsibilities, jobs or internships, academics, and involvement in other campus organizations. If you are interested in joining a sorority but have concerns about the time commitment, feel free to ask active members how they balance their time.

What is “mutual selection”?
“Mutual Selection” is the process we use for Primary Recruitment. It means that through the rounds, you’re narrowing down your choices, as well as the chapters are narrowing down the amounts of PNMs they are inviting back.

How much does it cost to be in a sorority?
Being in a sorority is like all membership organizations at the University of Iowa and does require a payment of dues. This money is used to fund the operations, social events, and programming for the chapter. If the chapter you choose has a chapter house, then dues will be higher since there is a chapter facility that needs maintaining. The costs of sorority membership vary from chapter to chapter, so please refer to the individual finance forms provided on each chapter’s spotlight pages.
The Panhellenic Council encourages a well-rounded collegiate experience for each Panhellenic woman. Panhellenic sponsors educational and workshop programming, speakers on current topics regarding our community (these can include, but aren’t limited to: women’s issues, career planning, financial independence, mental health and wellness, risk management, and leadership development.) Panhellenic also highly encourages involvement outside of our chapters.

From Circle of Sisterhood and Homecoming to field games for FSL Weekend, and everything in between, sorority individuals are not only involved, but leaders in their respective organizations. Sorority individuals at the University of Iowa participate in a wide variety of projects – they are one of the most driven and dedicated student groups on this campus.

Sisterhood is the foundation of all aspects of sorority life. The variety of activities, philanthropies, initiatives, and mixers are a spectacular experience because you have the ability to share that with your sisters.

Membership provides you with an opportunity for personal growth and individual achievement within a sisterhood of support. Your accomplishments are shared and your goals are encouraged. The spirit of the unspoken bond between sisters is unlike any other relationship. You have a chapter of individuals uplifting you, and pushing you to attain your dreams.

Joining a sorority is the beginning of a new experience with new friends and a home away from home. Although each chapter’s new-member program begins immediately following recruitment, each program extends for a different length of time. Some may continue throughout the entire fall semester, while some may be completed in four to eight weeks following bid acceptance.
During the first semester of your association, all the activities are designed to orient you with your sorority's history and goals, while working toward initiation. Activities such as retreats, service projects, meetings, study hours, and philanthropy participation will help you build a strong foundation for sorority life.

One of the most enjoyable parts of joining a sorority involves making new friends and forming bonds that will last long after college. You will develop a connection with your sister through sharing their experiences and interests. As friends, they will share your successes, excitements, troubles, and happiness. As sisters, they will become a family to you, embracing both your weaknesses and strengths and standing beside you no matter what.

Sisterhood means unconditional friendship that comes from being respected for your individuality. It is being loved for who you are. Sisterhood is the making of friendships that will last a lifetime, and it will help you through your college and life transitions. Whether it is your “Big Sister”, your roommates, or your new-member class sisters, you will find many individuals you can count on to be there during one of the most important times in your life.
Leadership and Involvement

Opportunities for students to become involved in leadership roles are endless during your undergraduate experience; as a chapter officer or coordinator of a chapter event or community service project, you can develop valuable leadership skills. From being a chapter officer, to a coordinator of chapter event or community service, you develop valuable leadership skills. Chapters provide educational programming/workshops in areas such as time management, communication, and networking. Outside their chapter, individuals also hold many other campus leadership roles.

An individual chapter lays a foundation for getting involved in larger leadership roles. Sorority membership automatically give you the opportunity to become a part of the Panhellenic Council’s executive board or delegation. By working with the individuals in your chapter, you will be exposed to numerous campus-wide organizations. This is evident by the large number of fraternity and sorority members representing the most influential groups on campus.

Being a part of the fraternity and sorority community provides the network and resources you need when looking for employment. Sorority alumnae understand the experience of being a team player while maintaining individuality. The desire to excel, both in and out of the classroom, and commitment to the betterment of the community are traits that employers look for and recognize as attributes of fraternity and sorority members. For these reasons, sorority life offers an excellent opportunity for networking. In our changing and competitive world, it is important to establish relationships with people beyond the university. Knowing and interacting with sorority alumnae can help build this crucial bridge to success.
Sorority individuals’ interests and concerns go far beyond the confines of campus life. Sororities sponsor a multitude of activities each year to support the local community and raise money for philanthropies. Every chapter volunteers time to a particular project. At least twice a year, each sorority holds a community-wide event that encourages other sorority and fraternity chapters to help raise money for their charitable affiliated organization.

Each year, the Panhellenic Council fulfills campus and community needs through its sponsorship of philanthropies, including clothing drives, school supply drives, canned food drives, etc. They also host a children’s trick-or-treat event in the fraternity and sorority chapter structures.

Many individual sorority individuals volunteer in local programs, such as Big Brother/Big Sister, the YMCA, Ronald McDonald House, etc. The opportunities to contribute to your community, both locally and nationally, are endless.

Not only do sorority members give their individual time and effort, but they also see a huge success through the large group participation that goes into each and every project. The ability to give oneself is probably one of the most important qualities a woman will develop through sorority life.

While every chapter on our campus works diligently to raise funds and awareness for their respective causes, the Panhellenic community comes together under one chapter-wide cause: Circle of Sisterhood. The Circle of Sisterhood benefits young individuals in poverty by working to give them an education and a chance at a brighter future. Just as the founding members of our organizations were given the opportunity for education in a time when individuals were just being accepted into universities, the Circle of Sisterhood strives to pay it forward by using sororities as its mechanism. The Panhellenic Council at the University of Iowa is so thankful for this lasting partnership.

For more information about Circle of Sisterhood, visit circleofsisterhood.org

Ellie Rouse
VP for Philanthropy & Community Service
Scholarship

Academic success is one of the most important parts of the college experience. The Panhellenic Council recognizes the importance of integrating scholarship into the sorority experience. While the Panhellenic Council at the University of Iowa does not require a minimum grade point average to participate in Panhellenic Primary Recruitment, each individual sorority has a minimum grade point average requirement for membership eligibility (located in Chapter Spotlights). Individual sororities have a minimum grade point average requirement that range from a 2.50 to a 3.30 on a 4.00 scale depending on each national organization. Therefore, the Panhellenic Council highly recommends you have at least a 2.50 grade point average to participate in Panhellenic Primary Recruitment.

The Panhellenic Council does require individuals to be registered for a minimum of 12 college credits to be considered a full-time matriculated college student at the University of Iowa.

Collegiate fraternal organizations were founded on the principle of successful scholarship. The academic performance of each chapter is calculated every semester and located on fsl.uiowa.edu/community/scorecard. The all-sorority average has been consistently higher than the undergraduate all-women’s average for the past several years. The Panhellenic Council gives recognition to members of our community for their academic successes. They are as followed:

Month of the Scholar
In February, Panhellenic participates in Month of the Scholar, a program created by The National Panhellenic Council. Throughout the month, Academic Success and Motivation is highlighted and celebrated through different events, such as all Panhellenic Study Parties.

PHC Academic Values Award
Incoming seniors from each chapter are recognized for the hard work they have put into their academics, chapter and the community.

Chapter Scholar
Each month, chapters highlight individuals who have exhibited high academic success and motivation during that month.

Claire White
VP for Academic Achievement
Chapter
Spotlights
Nicknames: Alpha Chi, A Chi O
Colors: Scarlett Red and Olive Green
Philanthropy: Domestic Violence Awareness
Instagram: @iowaalphachi
Website: iowaalphachi.com

How was your time here

😊😊😊😊😊
General Info:

Live-In Requirement: Yes
GPA:
  Incoming Student: 3.00
  Sophomore +: 2.75

Scholarship:
The Alpha Chi Omega Foundation offers merit-based scholarships to member and alumna in their efforts to seek the heights. Alpha Chi Omega individuals can apply online through alphachiomega.org/scholarships and last year the foundation allotted over $250,000 for these individuals in their educational pursuits.

Finances:

New Member Fee: $395
Live-out Member Cost Fall: $986.53
Live-out Member Cost Spring: $986.53

Live-in Member Cost Fall: $4,426.73
Live-in Member Cost Spring: $4,426.73
Alpha Delta Pi

Nickname: ADPi
Colors: Azure Blue & White
Philanthropy: Ronald McDonald House Charities
Instagram: @iowaadpi
Website: uiowa.alphadeltapi.org

How was your time here

如何看待你的在这里的时间

😊 😊 😞 😞
General Info:

Live-In Requirement: Yes

GPA:
- Incoming Student: 3.00
- Sophomore+: 2.70

Scholarship:

Betty L. Miller, Alpha Upsilon Scholarship

Varies up to $3,000

For an initiated member pursuing a degree in math or chemical engineering field as a first-generation student. Applicants must have above a 3.0 GPA.

Finances:

New Member Fee: $406

Live-out Member Cost Fall: $1,188
Live-out Member Cost Spring: $1,188

Live-in Member Cost Fall: $3,808
Live-in Member Cost Spring: $3,666
Nickname: AEPhi
Colors: Green & White
Philanthropy: Elizabeth Glaser Pediatrics AIDS Foundation
Instagram: @uiowa.aephi
Website: alphaepsilonphiuiowa.weebly.com

How was your time here

Notes

How was your time here
General Info:

Live-In Requirement: N/A
GPA:
  Incoming Student: 2.50
  Sophomore+: 2.50

Scholarship:

Anne Klauber Berson Scholarship
$500
Open to all undergraduate members and honors girls who show proof of chapter involvement, dedication, and financial need.

Finances:

New Member Fee: $415
Live-out Member Cost Fall: $525
Live-out Member Cost Spring: $525

Live-in Member Cost Fall: N/A
Live-in Member Cost Spring: N/A
Alpha Phi

Nickname: A Phi

Colors: Silver & Bordeaux

Philanthropy: Women’s Cardiac Care Awareness; Alpha Phi Foundation

Instagram: @iowaalphaphi

Notes

How was your time here 😊😊😊😊😊
**General Info:**

- **Live-In Requirement:** Yes
- **GPA:**
  - **Incoming Student:** 3.00
  - **Sophomore +:** 2.75

**Scholarship:**

- **Diane Keenum Hite Memorial Scholarship**
  
  Awarded to collegiate members of Alpha Phi who are in good standing with the Fraternity. The scholarship can be used for academic expenses, including tuition, course-related fees, and books and supplies required for course enrollment.

**Finances:**

- **New Member Fee:** $296.47
- **Live-out Member Cost Fall:** $1,260.73
- **Live-out Member Cost Spring:** $1,148.27
- **Live-in Member Cost Fall:** $4,952.73
- **Live-in Member Cost Spring:** $4,040.27
Nicknames: Alpha Xi, AXiD
Colors: Double Blue & Gold
Philanthropy: Autism Speaks
Instagram: @iowaaxid
Website: uiowa.alphaxidelta.org

Notes

How was your time here
General Info:

Live-In Requirement: Yes
GPA:
  Incoming Student: 3.25
  Sophomore + : 2.50

Scholarship:

Alpha Xi Delta Fraternity Headquarters has a general scholarship application. This application automatically puts you in the running for all scholarships you are qualified for. Available scholarships vary from year to year.

Finances:

New Member Fee: $368
Live-out Member Cost Fall: $1,794
Live-out Member Cost Spring: $1,794
Live-in Member Cost Fall: $3,542
Live-in Member Cost Spring: $3,542
Chi Omega

Nickname: Chi O
Colors: Cardinal & Straw
Philanthropy: Make-A-Wish
Instagram: @iowachiomega
Website: iowachiomega.com

Notes

How was your time here

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General Info:

Live-In Requirement: Yes
GPA:
  Incoming Student: 2.00
  Sophomore+: 2.00

Scholarship:

The University of Iowa Chapter of Chi Omega has two scholarships, Chi Omega Foundation scholarship and Psi Beta scholarship which are both awards of $1,000+. These scholarships are available for incoming seniors and are chosen by a scholarship committee. Additionally, there are national scholarship opportunities available through Chi Omega!

Finances:

New Member Fee: $875
Live-out Member Cost Fall: $1,020
Live-out Member Cost Spring: $1,020

Live-in Member Cost Fall: $4,155
Live-in Member Cost Spring: $4,155
Nicknames: Tri Delta, Tri Delt

Colors: Silver, Gold, & Cerulean Blue

Philanthropy: St. Jude Children’s Research Hospital

Instagram: @uiowatridelta

Website: uiowa.tridelta.org

How was your time here

😊 😊 😐 😞 😞
General Info:

Live-In Requirement: Yes
GPA:
- Incoming Student: 3.00
- Sophomore +: 2.60

Scholarship:
Folkrod Scholarship
$3,000

An annual scholarship offered to Tri Delta, Phi Chapter by the University of Iowa. This amount can be given to a member in full or split between two members. Members need to apply for this scholarship and provide a letter of recommendation.

Finances:

New Member Fee: $385.50
Live-out Member Cost Fall: $1,712
Live-out Member Cost Spring: $1,712
Live-in Member Cost Fall: $5,729
Live-in Member Cost Spring: $5,729
**Delta Gamma**

**Nickname:** DG

**Colors:** Bronze, Pink, & Blue

**Philanthropy:** Service for Sight, Delta Gamma Foundation

**Instagram:** @iowadeltagamma

**Website:** uiowa.deltagamma.org

**How was your time here?**

😊😊😊😊
General Info:

Live-In Requirement: Yes
GPA:
  Incoming Student: 2.60
  Sophomore +: 2.70

Scholarship:

Undergraduate Merit-Based Scholarship

Competitive scholarship for initiated members pursuing undergraduate degrees.

Finances:

New Member Fee: $325
Live-out Member Cost Fall: $1,136
Live-out Member Cost Spring: $992

Live-in Member Cost Fall: $4,498
Live-in Member Cost Spring: $4,354
Nickname:  DZ

Colors:  Old Rose & Vieux Green

Philanthropy:  Speech and Hearing;
               Painted Turtle Camp

Instagram:  @iowadeltazeta

Website:  deltazetaiota.com

Notes

How was your time here 😊😊😊😊😊
General Info:

Live-In Requirement: Yes
GPA:
- Incoming Student: 2.70
- Sophomore+: 2.70

Scholarship:

Elizabeth Coulter Stephenson Grant
$1,000

These grants shall be awarded to collegiate sisters experiencing emergency financial difficulties. Delta Zetas who qualify shall be in good standing, been initiated for one (1) year and have maintained a 3.0 and above GPA. Applicants may apply more than once providing financial need is demonstrated and the amount cannot exceed $1000 during the individual’s collegiate years. Collegians in need may apply at any time throughout the year as awards are made year-round.

Finances:

New Member Fee: $245
Live-out Member Cost Fall: $945*
Live-out Member Cost Spring: $945

Live-in Member Cost Fall: $4,665
Live-in Member Cost Spring: $4,665

*New Members pay an additional $150 per semester building fee
Gamma Phi Beta

Nicknames: Gamma Phi, G Phi

Colors: Brown, Mode, & Pink

Philanthropy: Building Strong Girls; Girls on the Run

Instagram: @iowagphi

Website: N/A

Notes

How was your time here 🥰😊😐😢
General Info:

Live-In Requirement: Yes
GPA:
Incoming Student: 3.00
Sophomore+: 2.70

Scholarship:
Elizabeth Ahlemyer Quick Scholarship
$2,000

Established to honor Betty Quick’s long and devoted service to both National Panhellenic Conference and Gamma Phi Beta. Scholarship is awarded annually to a collegiate member in good standing of one of the Panhellenic Gamma Phi Beta groups.

Finances:

New Member Fee: $2,834 - $3,224*
Live-out Member Cost Fall: $1,175
Live-out Member Cost Spring: $1,175

Live-in Member Cost Fall: $4,465
Live-in Member Cost Spring: $4,465

*Total for first year
Kappa Alpha Theta

Nickname: Theta
Colors: Black & Gold
Philanthropy: Court Appointed Special Advocates (CASA)
Instagram: @uiowatheta
Website: iowa.kappaalphatheta.org

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How was your time here
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General Info:

Live-In Requirement: Yes
GPA:
  Incoming Student: 3.00
  Sophomore+: 2.70

Finances:

New Member Fee: $360.19
Live-out Member Cost Fall: $830.58
Live-out Member Cost Spring: $830.58

Live-in Member Cost Fall: $3,489.54
Live-in Member Cost Spring: $3,489.54
Nickname: Kappa

Colors: Dark Blue & Light Blue

Philanthropy: Reading is Fundamental (RIF)

Instagram: @iowakkg

Website: uiowa.kappa.org

How was your time here

Notes

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General Info:

Live-In Requirement: Yes
GPA:
  Incoming Student: 3.30
  Sophomore +: 2.70

Scholarship:

Undergraduate Merit Scholarship
$3,000 per year

Applicants are required to maintain full-time status and have a cumulative GPA of 3.20. A transcript report is required.

Finances:

New Member Fee: $1,507*
Live-out Member Cost Fall: $1,082
Live-out Member Cost Spring: $990

Live-in Member Cost Fall: $4,057
Live-in Member Cost Spring: $3,965

*New Member Total Semester Cost
Pi Beta Phi

**Nickname:** Pi Phi

**Colors:** Wine & Silver Blue

**Philanthropy:** Read. Lead. Achieve

**Instagram:** @iowapiphi

**Website:** N/A

**How was your time here?**

😊 😊 😞 😞 😞
General Info:
Live-In Requirement: Yes
GPA:
  Incoming Student: 3.25
  Sophomore+: 2.75

Scholarship:
Undergraduate Scholarship
$1,000 - $10,000

Awarded to any member who has a minimum of a 3.0 cumulative GPA, will remain in good standing and be enrolled full-time for the entire academic year of the scholarship awarded.

Finances:
New Member Fee: $1,585*
Live-out Member Cost Fall: $1,111
Live-out Member Cost Spring: $1,080

Live-in Member Cost Fall: $4,441
Live-in Member Cost Spring: $4,410

*New Member Total Semester Cost
Nicknames: Zeta, ZTA
Colors: Turquoise Blue & Steel Gray
Philanthropy: Think Pink® Breast Cancer Education and Awareness
Instagram: @uiowazta
Website: uiowa.zetataualpha.org

Notes


How was your time here

😊 😊 😐 🙁 😞
General Info:

Live-In Requirement: Yes
GPA:
  Incoming Student: 3.00
  Sophomore +: 2.70

Finances:

New Member Fee: $1,372*
Live-out Member Cost Fall: $1,182
Live-out Member Cost Spring: $1,158

Live-in Member Cost Fall: $3,495
Live-in Member Cost Spring: $3,471

*New Member Total Semester Cost
Individuals with accommodations or disabilities are encouraged to attend all Panhellenic sponsored events. If you are a person in need of accommodations in order to participate in Primary Recruitment, please e-mail Sydney Papadopoulos at gc-phc-recruitment@uiowa.edu or call at (563)-275-6277.